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APSI COVID-19 safe plan (Ver 20.3)

This draft plan describes the APSI's anticipated return to on-snow operations in a post COVID environment. The plan provides processes and procedures to guide staff on how to keep themselves and their candidates safe.

This plan will be regularly reviewed as the regulatory and operational situations at ski resorts change over the winter season.

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) and the [National Principles for the Resumption of Sport and Recreation Activities](#). All APSI staff members are expected to comply with this plan.

More information

- All staff should stay as up to date with the current COVID-19 situation
- [Australian Government Department of Health](#):
- [World Health Organisation](#)
- [Australian Institute of Sport](#)
- [Sport Australia](#)
- [World Health Organisation](#)
- [Australian Institute of Sport](#)
- [Sport Australia](#)
- If you have any questions regarding this plan please either contact:
- Suzanna Brown Suzanna.brown@apsi.net.au 64561255 or
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Required Approvals for APSI Events to run

- Approval from each ski resort for any event to be run
- NSW and / or Victorian Park authorities authorisation for tour operators to be able to operate with 10 people in a group.
- A group of 10 people allowed indoors.

- Should an outbreak occur during an event it will be cancelled, and candidates will receive either a refund or a credit.

Suspected COVID Symptoms in Candidates or Trainers

- Do not attend work if displaying COVID like symptoms. Isolate for 14 days and get tested if presenting with a sore throat, fever or cough.
- If candidates present with COVID like symptoms they must leave the event.
- If staff or a candidate develops COVID like symptoms and needs to leave the course an incident report form must be filled out.
- If a trainer develops symptoms and a replacement trainer can't be found before or during an event, candidates may either receive a refund or credit.
- If a candidate develops symptoms and a replacement can't be found before or during an event and brings the course below the minimum numbers, then the candidates may receive a refund or a credit

Operational Guidelines

- Fill out the attendance list every day of the event
- Brief Candidates on the importance of social distancing, hygiene and mask wearing as soon as possible at the beginning of the event.
- Maintain 1.5m social distancing at all times
 - Describe, but do not physically manipulate a candidate as a correction
- If social distancing can't be maintained then staff and candidates must wear a surgical mask or a three layer fabric mask
- Follow resort guidelines for the use of chairlifts and other facilities
- If no suitable facility is available for indoor sessions these sessions may be run in the evening over Microsoft Teams. Please contact the office as soon as possible if remote indoor sessions are required
- All Trainers must carry hand sanitiser during an event. If the trainer must purchase hand sanitiser the purchase will be reimbursed
- No travel to other resorts without written authorisation of the General Manager
- If traveling to another resort is authorised do not expect locker room access

Hygiene

- No hand to hand contact, i.e. handshakes, high fives, ect.
- Wash hands regularly as first action for hygiene. Use sanitiser as a secondary option
- Avoid touching your face
- Wash hands before you put on your gloves, goggles, helmet or buff and after you take them off
- Wash face coverings (l.e. Fabric masks or Buffs)
- Sanitise the surface of gloves each day

- No sharing of equipment or clothing
- Cough or sneeze into your elbow covering both your nose and mouth
- Avoid talking directly at your candidates if breathing heavily due to the physical exertion of skiing.
- Avoid blowing your nose. If you must, only use a paper tissue once and store in a plastic bag until it can be disposed of. If possible, apply hand sanitiser or wash hands immediately afterwards

Injury

- In the event of an injury to a candidate or trainer only breach physical distancing if the situation is urgent.
- Call ski patrol for assistance if required.
- Complete an incident report

Office

- Maintain 1.5m physical distancing.
- Do not attend work if displaying COVID like symptoms. Isolate for 14 days and get tested if presenting with a sore throat, fever or cough.
- Wash hands regularly
- Clean all regularly touched surfaces daily, doorknobs, handrailing, desks, kitchen surfaces and bathroom sinks.
- When possible work from home if reasonably practicable.