

# CANDIDATE GOAL SHEET

NAME: \_\_\_\_\_ TRAINING COURSE: \_\_\_\_\_

Please answer the following questions to help the trainer understand your needs.

WHAT AND WHEN WAS THE LAST TRAINING COURSE YOU TOOK PART IN? (including Overseas)

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WHAT ARE YOUR EXPECTATIONS OF THE COURSE AND YOUR TRAINER?

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WHAT ARE YOUR STRENGTHS AND WEAKNESSES? (Please include all aspects of the course e.g. riding and teaching))

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WHAT IS AN ACHIEVABLE GOAL FOR THIS SEASON? (Particularly when looking ahead to the exams)

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HOW ARE YOU GOING TO MEASURE SUCCESS WHEN TRYING TO ACHIEVE YOUR GOALS?

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WHAT IS YOUR PREFERRED LEARNING STYLE?

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DO YOU HAVE ANY OTHER COMMENTS?

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