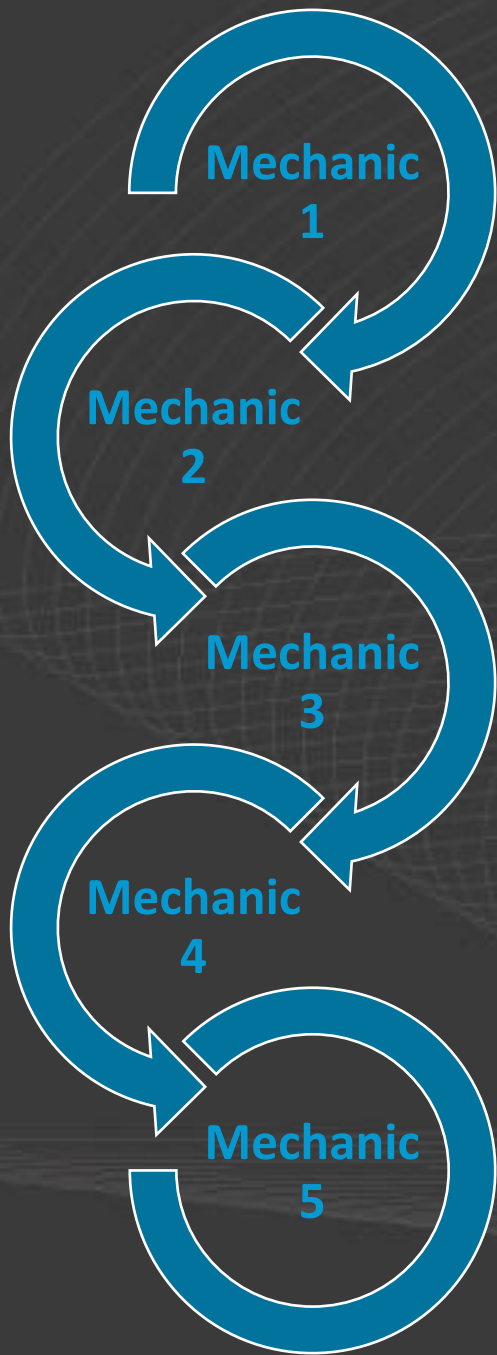


# A Trend In Teaching

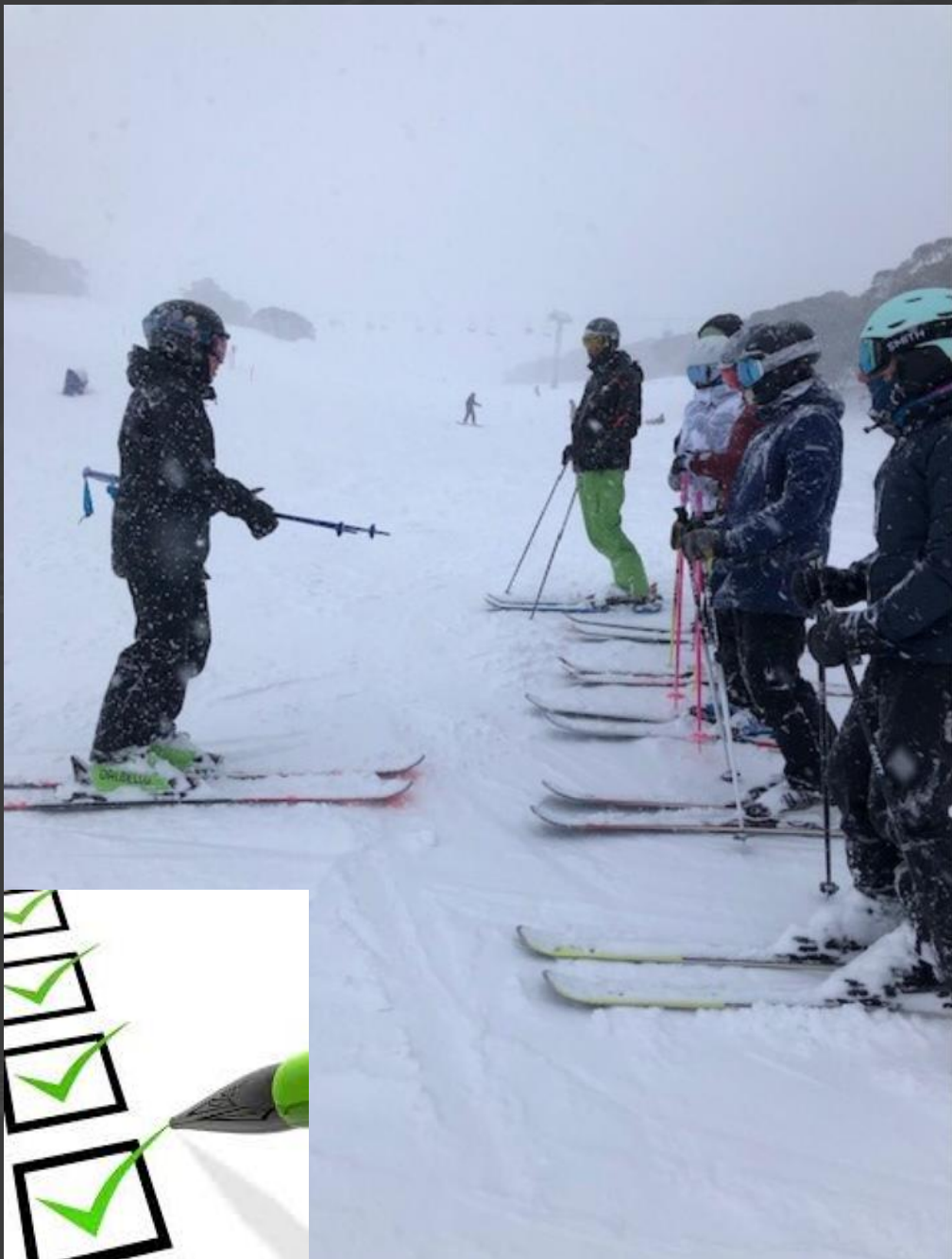
# Common Errors In Teach Exams





- There is a lot of listing or checking off the mechanics without understanding how they relate each other
- Once the mechanic is introduced, candidates are moving on and not linking the mechanics together
- Leads to not understanding how the mechanic effects the overall task





## APSI Teaching Exam Mark Sheet – Level 2



Name: \_\_\_\_\_ Date: \_\_\_\_\_ Bib #: \_\_\_\_\_

	N	I	M	E	Comments
<b>1. Introduction</b> Was it welcoming Names exchanged Include a lesson overview					
<b>2. Identifying Students &amp; Goals</b> Goals & needs Ability					
<b>3. Planning the Lesson</b> Terrain/Snow conditions used Appropriate progression Ability specific Class handling Safety					
<b>4. Presenting the Information</b> Appropriate language What How Why Understanding the skiing skills					
<b>5. Demonstrating</b> Visible Appropriate demo Accurate movements Correct speed					
<b>6. Practicing</b> Appropriate amount					
<b>7. Movement analysis</b> Identified the primary cause Monitoring performance					
<b>8. Feedback &amp; Correction</b> Positive/Simple Accurate What, How, Why Looping through the essentials					
<b>9. Summary</b> Summary points					
<b>Examiners Impression</b> Overall impression of the lesson Actual result of the lesson					

NI = Needs Improvement ME = Meets Expectations EE = Exceeds Expectations

Exam Question: \_\_\_\_\_

**Overall Mark**

Examiners: \_\_\_\_\_

/10







## BASIC PARALLEL TURN

- Faster Speed
- Early weight shift to the new outside ski
- Simultaneous edge release & change
- Simultaneous turning of both skis
- Flexion / extension movements



## CHOCOLATE CAKE

- Chocolate
- Flour
- Eggs
- Milk
- Sugar





## Some ways to train this?

- Sample lessons – be sure that our delivery is referring to all mechanics in a ‘blended’ way, not listing and moving on
- Further highlighting in common problems section of T2T
- Theory sessions looking at how each mechanic effects the next
- Mix up on snow sessions in-house – look at training a certain mechanic

